Antioxidant Activities of Extracts from Houttuynia Cordata Inunberg

Pil-jun Ha¹, Hyeon-jeong Kim², Yu-hyeon Shin², Hyeon-guk Jeong¹, Seul-gi Lee¹, Eun-su Lee¹, Young-je Cho³, Bong-Jeun An¹*

¹Dept. of Cosmeceutical Science, Daegu Haany University, ²Institute of Technology, Herbnoori, ³School of Food Science & Biotechnology / Food & Bio-Industry Research Institute, **Kyungpook National University**

ABSTRACT

In this study, we has been investigated the effect of *Houttuynia cordata Thunberg* on total phenolic and flavonoid cotents and antioxidant activity. The results showed that the total phenolic contents of the water extracts and the 70% ethanol extracts were 67.5 mg/g and 90.5 mg/g, respectively. The total flavonoid contents was detected water extracts 5.5 mg/g, 70% ethanol extracts 8.2 mg/g. Electron donating ability of the 70% ethanol extracts from *Houttuynia cordata* Thunberg was higher than those of the water extracts (52.7%<70.1% at 1,000 µg/ml concentration). Cation radical scavenging ability of Houttuynia cordata Thunberg water extracts and 70% ethanol showed over 99% at a 1000 µg/ml concentration. Superoxide anion radical scavenging ability was water extracts 87.3% and 70% ethanol 90.5% at a 1,000 μg/ml. As a result *Houttuynia cordata Thunberg* extracts indicate the antioxidative ability.

MATERIALS&METHODS

- 1. Electron donating ability (EDA)
 - : measured by Blois¹⁾ method.
- 2. Scavenging rate
 - : measured by ABTS+ cation decolorization assay ²⁾ method.
- 3. Inhibition rate
 - : measured by nitroblue tetrazolium(NBT)³⁾ method.
- 4. Polyphenol contents
- : measured by A.O.A.C⁴⁾ method.
- 5. flavonoid contents
 - : measured by Moreno⁵⁾ method.
- 6. Superoxide dismutase (SOD)-like activity : measured by Marklund ⁶⁾ method.



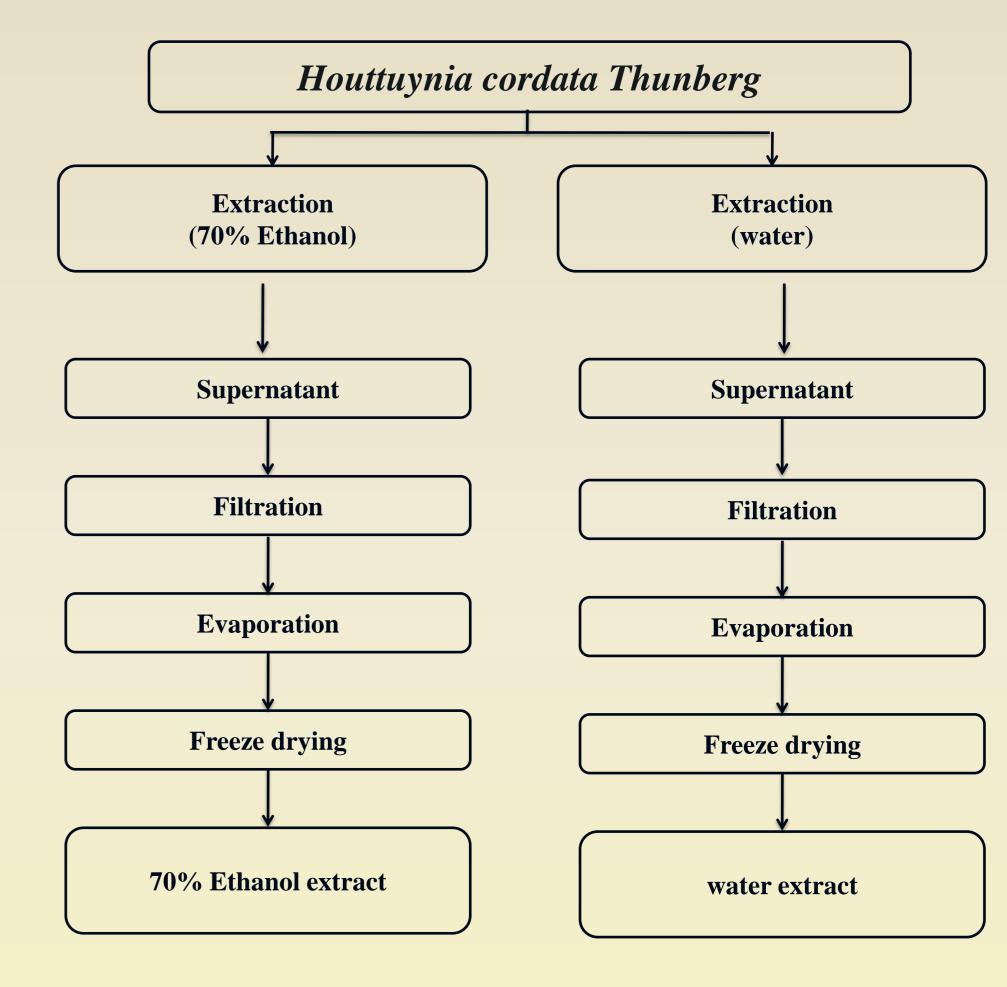


Fig. 1. The procedure for extraction from *Houttuynia cordata Thunberg*

RESULTS

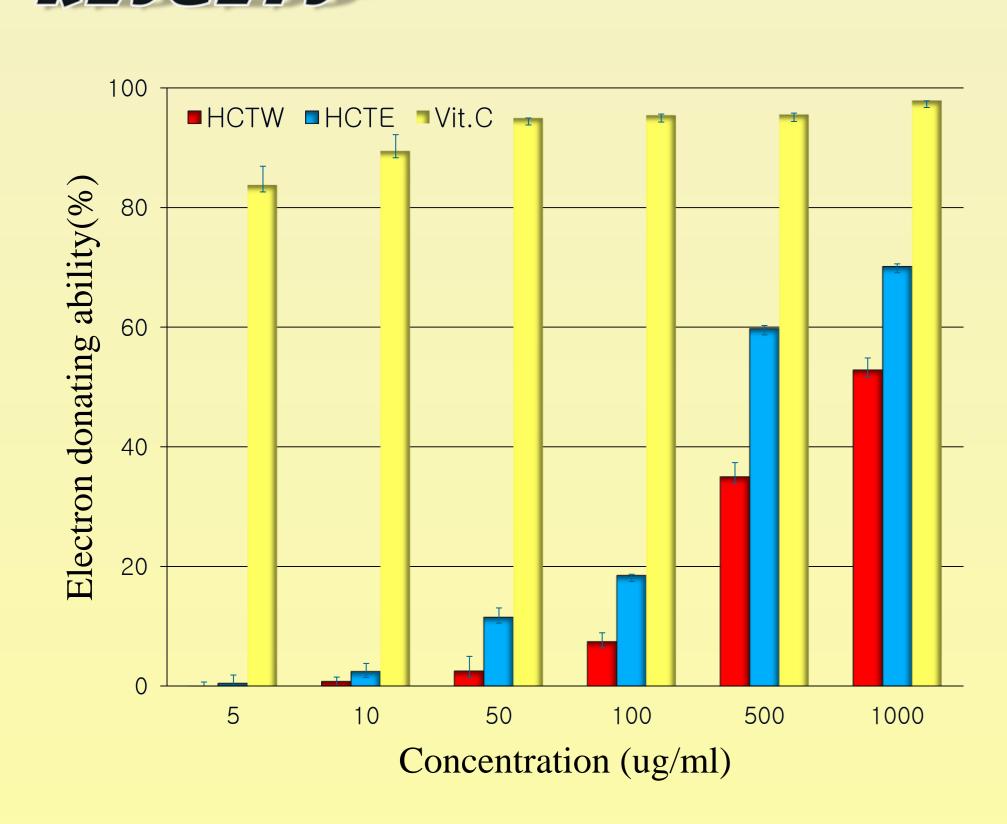


Fig. 2. Electron donating ability of solvent fractions extracted from Houttuynia cordata Thunberg

- HCTW: Water extracted from *Houttuynia cordata Thunberg*
- HCTE: Houttuynia cordata Thunberg extracted with 70% Ethanol
- **Vit.C: Ascorbic acid**

Result are means \pm S.D. of triplicate data.

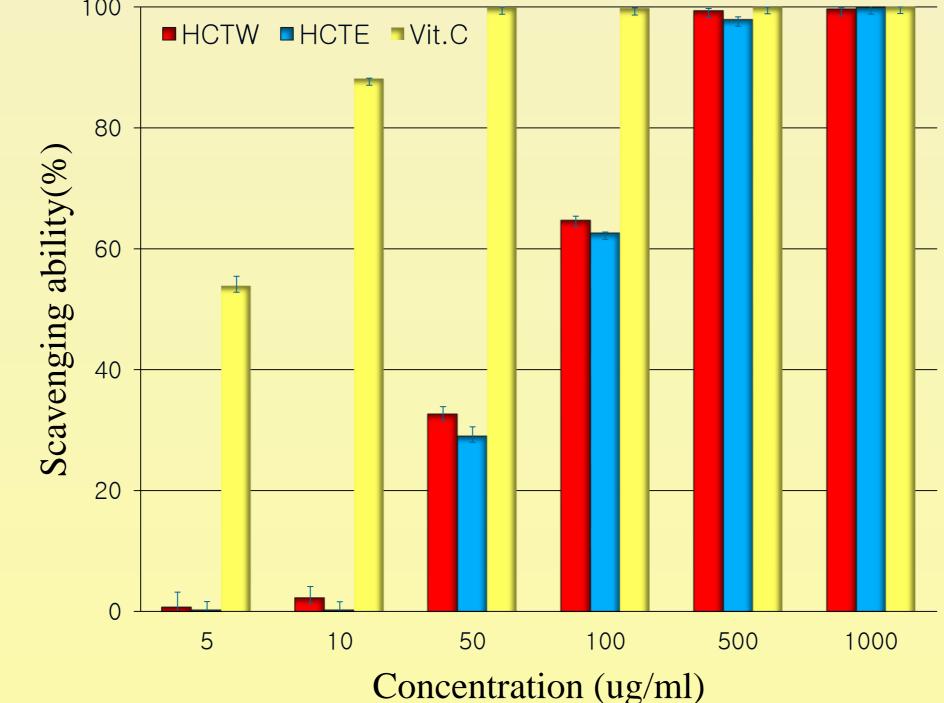


Fig. 3. ABTS+ cation radical scavenging activity of solvent

- HCTW: Water extracted from Houttuynia cordata Thunberg
- HCTE: Houttuynia cordata Thunberg extracted with 70% Ethanol
- **Vit.C: Ascorbic acid**

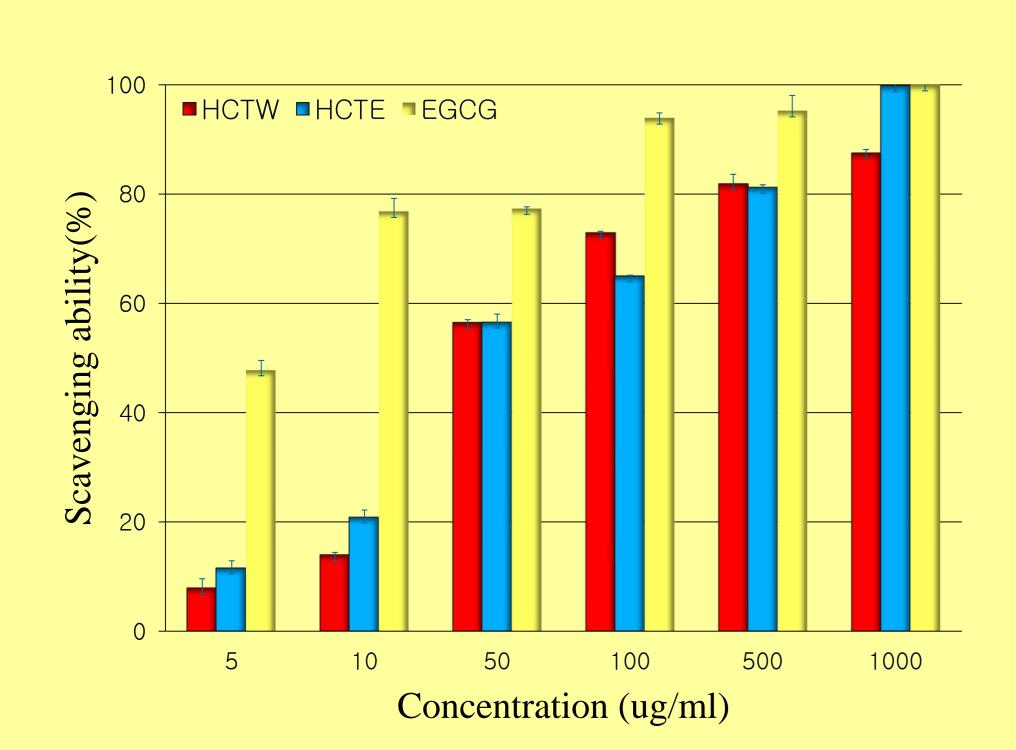
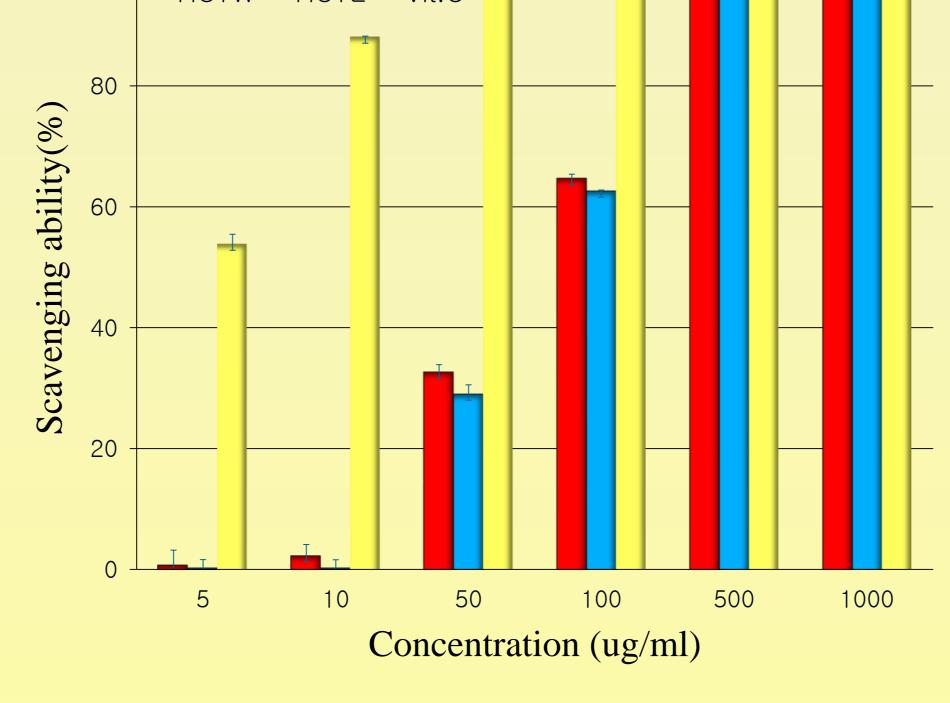


Fig. 4. Superoxide anion radical of solvent fractions extracted from Houttuynia cordata Thunberg

- HCTW: Water extracted from *Houttuynia cordata Thunberg*
- HCYE: Houttuynia cordata Thunberg extracted with 70% Ethanol
- **EGCG:** Epigallocatechin gallate

Result are means \pm S.D. of triplicate data.



fractions extracted from Houttuynia cordata Thunberg

Result are means \pm S.D. of triplicate data.

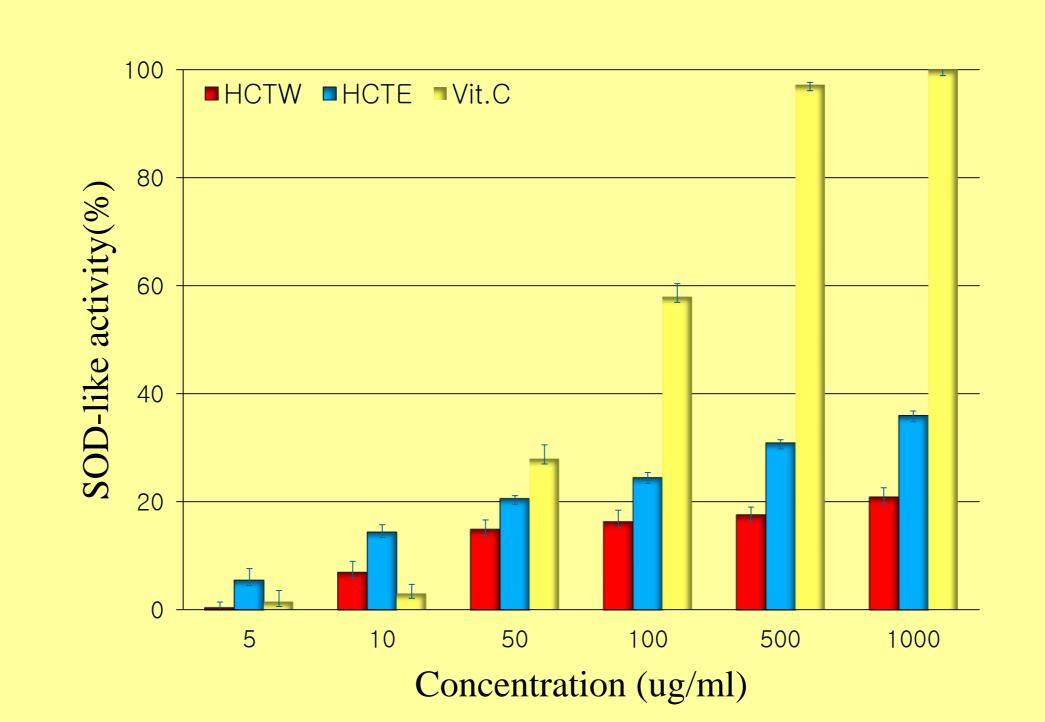


Fig. 5. SOD-like activity of solvent fractions extracted from Houttuynia cordata Thunberg

- HCTW: Water extracted from *Houttuynia cordata Thunberg*
- HCTE: Houttuynia cordata Thunberg extracted with 70% Ethanol
- Vit.C: Ascorbic acid

Result are means \pm S.D. of triplicate data.

Table 2. The contents of total polyphenols of solvent fractions from Houttuynia cordata Thunberg.

Samples	Contents (mg/g)
Water	67.5
70% Ethanol	90.5
Table 3. The contents of total flavonoids of solvent fractions from <i>Houttuynia cordata Thunberg</i> .	
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Samples	Contents (mg/g)
Water	1.5
70% Ethanol	1.6

CONGLUSION

- 1. Antioxidant activities were be decided by electron donating and contents of total polyphenols, total flavonoids. on average, the antioxidative activity and superoxide dismutase of the 70% Ethanol extracts showed a higher than those of the water extracts.
- 2. Superoxide anion radical of solvent fractions was water extracts 87.3% and 70% ethanol 90.5% at a 1,000ppm.
- 3. Total phenolic contents of the water extracts and the 70% ethanol extracts were 67.5 mg/g and 90.5 mg/g, respectively at a 1,000ppm.
- 4. The total flavonoid contents was detected water extracts 5.5 mg/g, 70% ethanol extracts 8.2 mg/g at a 1,000ppm.

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